



The Regent Academy of Irish Dance



The Regent Academy teaches students the traditional steps of Irish Dance, similar to those seen in 'Riverdance'. Dance steps, Reels, Jigs, Hornpipes and other steps, are assembled into show and competition dances.

Classes are open to both girls and boys age 5 and up.

Accreditation

The Regent Academy of Irish Dance is accredited by the Irish Dancing Commission in Dublin, Ireland.

Our teacher, Mrs. Claire Regent, TCRG, received her teaching certificate from the An Coimisiun le Rinci Gaelacha, in Dublin, Ireland.

Prior to moving to Canada, Mrs. Regent performed with the Lily Comerford dance troupe throughout Europe.

Mrs. Regent established the Regent Academy (Calgary) in 1980. Her teaching career spans 15 years in Ireland and 27 years in Calgary.

The School is a member of the Western Canada Irish Dance Teacher's Association (WDIDTA) and the Irish Dance Teacher's Association of North America, Inc. (IDTANA).

Contact

Further information about the Regent Academy of Irish Dance School, please contact our teacher,

Mrs. Claire Regent, TCRG
403 271-1684
403 271-6936 (fax)
regentacademy@aol.com (email)

Or visit our website,

www.regentacademy.ca

Mrs. Regent can discuss school tuition fees, registration and other information parents may need to know about Irish Dance.

Class Schedule

Beginner Class (Class 1)	Monday	5:30 – 7:00 PM
	Thursday	5:30 – 7:30 PM
Intermediate Class (Class 2A)	Tuesday	6:00 – 7:30 PM
	Thursday	5:30 – 7:30 PM
Intermediate Class (Class 2B)	Tuesday	6:00 – 7:30 PM
	Thursday	6:30 – 8:30 PM
Championship Class (Class 3)	Tuesday	5:00 – 6:30 PM
	Thursday	6:30 – 8:30 PM
Figures (Group dance)	Thursday	6:30 – 7:30 PM

Figure (Group) classes are attended by all students.

Students attend 2 classes each week according to the class schedule.

Classes run weekly from September to June.

School Location

Classes are taught at the North Glenmore Park Community Association, 2231 Longridge Drive SW in Calgary.

Workshops

Twice each year, the Regent Academy brings another Irish dance teacher for intensive student training. Workshops are an integral part of dance instruction.

Workshops are held in late August and early January.

Gala Performance

Once each year, students organize, choreograph and perform in a Gala Performance that is open to parents, siblings, relatives, family, friends and the general public.

What do I need for Irish Dance?

Students wear a school uniform to each dance class. The uniform may be purchased through the Parents' Association.

Beginner students require a pair of soft shoes or "Ghillies" for soft shoe dances.

As students progress with soft shoe steps, they learn hard shoe dances and require a pair of hard shoes. Students continue to wear Ghillies for soft shoe dances.

Irish Dance requires commitment, hard work, regular and consistent practice and perseverance, just like any other competitive sport.

Parents' Association

The Regent Academy has an active Parents' Association supporting all dancers.

The Parents' Association,

- Promotes Irish Culture,
- Provides assistance to all dancers
- Promotes the camaraderie between students and families.

Competition

The Regent Academy is a competitive school. When students are ready, they are invited to compete at a "Feis" (pronounced "Fesh").

Competitions are organized into age level and competitive category of each dancer.

Competitions are held regularly in Calgary, Edmonton, Western Canada and throughout North America.

Hard work at competitions may qualify students for Nationals, (the North American Championship) or Worlds, for all members of the Competitive Irish Dance community.

Competition Dress

The brightly coloured dresses commonly seen for Irish Dance are called "Solo dresses".

Students begin competition in either a Jumper or School "Class Dress". As students progress to Novice competition level, they may graduate to wearing a Solo dress.

Shows

Regent Dancers perform shows and demonstrations of Irish Dance at many venues throughout Calgary and area.

Shows promote Irish Culture, demonstrate Irish Dance and give

students the opportunity to perform in front of an audience.

Past Performances



Regent Dancers have performed at:

- 1988 Calgary Olympics
- 1998 World Police and Fire Games
- Calgary Oilman's Convention
- Calgary Farmer's Market
- Calgary Zoo
- Canmore Highland Games
- Fort Calgary
- Globalfest
- Heritage Park
- McMahon Stadium
- Prince's Island Park
- Spruce Meadows
- World Rotary Convention
- St. Patrick's Day celebrations throughout Calgary and area
- Numerous Seniors Residences, Community Groups and Associations in and around Calgary.

Shows are a great confidence builder for students and they are a lot of fun.